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# CROSSROADS

# Courier

● JUNE

● 2010

● DELTA

## CROSSROADS AT DELTA

### Department Heads

#### Executive Director

Diane Obermeyer

#### Administrative Assistant

Bobbie Richardson

#### Resident Services Director

Gloria Johnson

#### Marketing Director

Karen Coble

#### Activities Director

Pam McGee

#### Dietary Manager

Kevin Liepold

#### Maintenance Director

Mark Huber

## From our Administrator



### Independence Day Celebration

We have had a cold, windy spring so far but we are counting on some warm weather, and to herald it in we will be hosting our **CROSSROADS ANNUAL BAR-B-QUE on July 2 from 11:30 to 1:30**, here on our beautiful front lawn. We are inviting all family and friends of Crossroads, featuring live music from a local renowned group "The Metamoocil Mountain Boys." This year we will also be having face painting (for the young, and the young at heart), water games and things for the children. So plan on coming out with the whole family and having a great celebration of Independence Day. Long may Freedom ring! **By Diane Obermeyer**

The Activity Department is requesting delicately used or new toys, gardening tools and trinkets (Photo frames, shelf setters and pretties.) We are also asking for the large popcorn tins. Of course if you have a special craft, consider sharing your talent with us. All proceeds are to help fund the Christmas celebration in December and you can contact Pam for donations. **Respectfully, Pam McGee, Activity Director**

Our "Tender Tea" for the Mothers was a great success this year. Residents along with family members and friends enjoyed a spot of tea with delicious appetizers and soft piano music to celebrate Mother's Day. Tables dressed in lace and teapots loaded with roses were the centerpiece of the afternoon. A mother's significance to our families, the healing and strength mother's share with us and even a burst of laughter were celebrated. Resident's had their photos taken with their families for a keepsake of the day. **By Pam McGee**



## Resident Spotlight

By Karen Coble



Ruth Foote is one of our residents here at Crossroads. She was born and raised in Southeastern South Dakota, not far from Sioux Falls. She was raised in the country with a farming background, and was very grateful for a wonderful childhood with her two sisters and 1 brother. She has 13 nieces and nephews all over the country from South Dakota to Alaska. Ruth's husband, Ralph played violin in the Valley Symphony and also in several Orchestras and in the Bolder Philharmonic. Ruth went to college and spent 28 years teaching. She taught everything, starting out in a one-room schoolhouse. She also got a degree in art. Oils, watercolor and Serigraphs line her walls in her room, and occupied her personal career as an artist. Ruth really likes doing the giant Crossword puzzles, and exercise classes, visiting with the other residents here, and walking the beautiful grounds at Crossroads.

## Happy June Birthdays To:

Dorothy Sollenbarger

Clyde Hollenbeck

Betty Rosen

Judith Buhlke

## Crossroads Maypole Dance

By Karen Coble

Our first annual maypole dance was great fun! The children, from Diane Almy's 5th grade class did an excellent job of weaving our pole with the beautiful colors of spring (and they also unwove it which is quite a feat I'm told). Everyone enjoyed eating homemade cookies and having fun with flowers that had streamers, which our residents made for the occasion. I believe that intergenerational activities are extremely important especially to our residents who may have limited exposure to our younger population and vice versa. Things that involve both generations are a win win situation, in my experience. Being a newcomer to the Crossroads family I was very impressed with the spirit of co-operation and helpfulness to make this event successful. Everyone from the kitchen, activities, maintenance (Mark Huber made us a fantastic maypole), and all the staff helped make light and quick work of setting up and taking down for this happening. Thanks to everyone who helped make this successful.

### **Note from Diane Almy:**

Thanks for the unique opportunity today. My class came away with a very positive attitude about the whole morning, of course the excellent cookies helped too. I have always encouraged cooperation in a variety of ways in the classroom and I have never had such total commitment from any student, much less the entire class. So I want to tell you the entire experience was a positive one. I will consider it again in the future, I learned a lot as well. Thank you for the great opportunity.

Diane Almy



# JUNE 2010 EVENTS CALENDAR *Crossroads at Delta*

| SUNDAY   | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY   |
|--|--|--|--|--|--|--|
|  |  | <b>1</b><br><b>8:30</b> Manicures<br><b>10:00</b> Giant Crossword<br><b>11:00</b> Shopping List<br><b>2:30</b> Bingo<br><b>4:00</b> Crossroads Christian Club    | <b>2</b><br><b>7:30</b> Breakfast Club   | <b>3</b><br><b>3:00</b> Pokeno with Don  | <b>4</b><br><b>10:00</b> Dominos with Don<br><b>3:00</b> Happy Hour with Don and Dottie<br><b>4:00</b> Bingo                   | <b>5</b><br><b>SATURDAY TRIVIA</b><br><b>3:00</b> Movie Matinee  |
| <b>6</b><br><b>FAMILY VISITS</b><br><b>10:00</b> Social Hour<br><b>2:30</b> Bingo  | <b>7</b><br><b>10:00</b> Sing Along with Don and Dottie  | <b>8</b><br><b>10:00</b> Bingo with Shirley  | <b>9</b><br><b>10:00</b> "Sounds of the Valley" In the Dining Room<br><b>2:30</b> Bingo with Don | <b>10</b><br><b>2:30</b> Music with Dottie and Friends in the Parlor "Meal of the Month" | <b>11</b><br><b>10:00</b> Dominos with Don<br><b>3:00</b> Happy Hour with Jim Roland<br><b>4:00</b> Bingo                      | <b>12</b><br><b>SATURDAY TRIVIA</b><br><b>3:00</b> Movie Matinee |
| <b>13</b><br><b>10:00</b> Social Hour<br><b>2:30</b> Bingo                         | <b>14</b><br><b>FLAG DAY</b><br><b>9:15</b> Ball Exercise<br><b>10:00</b> Gotcha Game Trivia Answers<br><b>2:30</b> Lou on the Organ             | <b>15</b><br><b>8:30</b> Manicures<br><b>10:00</b> Giant Crossword<br><b>2:30</b> Cedaredge Clowns<br><b>3:00</b> Bingo<br><b>4:00</b> Crossroads Christian Club | <b>16</b><br><b>10:00</b> Resident Council Meeting<br><b>2:30</b> Ice Cream Social               | <b>17</b><br><b>11:30</b> <b>FATHER'S DAY LUNCHEON</b>                                   | <b>18</b><br><b>9:15</b> Exercise<br><b>10:00</b> Welcome Tea<br><b>3:00</b> Happy Hour<br><b>4:00</b> Bingo                   | <b>19</b><br><b>SATURDAY TRIVIA</b><br><b>3:00</b> Movie Matinee |
| <b>20</b><br><b>FAMILY VISITS</b><br><b>10:00</b> Social Hour<br><b>2:30</b> Bingo | <b>21</b><br><b>FIRST DAY OF SUMMER</b><br><b>9:15</b> Ball Exercise Trivia Answers<br><b>10:00</b> Gotcha Game<br><b>2:30</b> Painting with Pam | <b>22</b><br><b>8:30</b> Manicures<br><b>10:00</b> Giant Crossword<br><b>11:00</b> Shopping List<br><b>2:30</b> Bingo/News                                       | <b>23</b><br><b>9:15</b> Stretch Exercise<br><b>10:00</b> Crafts<br><b>2:30</b> Ice Cream Social | <b>24</b><br><b>3:00</b> Pokeno  | <b>25</b><br><b>10:00</b> Dominos<br><b>3:00</b> Happy Hour with Don and Dottie<br><b>3:00</b> Happy Hour<br><b>4:00</b> Bingo | <b>26</b><br><b>SATURDAY TRIVIA</b><br><b>3:00</b> Movie Matinee |
| <b>27</b><br><b>FAMILY VISITS</b><br><b>10:00</b> Social Hour<br><b>2:30</b> Bingo | <b>28</b><br><b>9:15</b> Ball Exercise<br><b>10:00</b> Gotcha Game Trivia Answers<br><b>2:30</b> Lou on the Organ                                | <b>29</b><br><b>8:30</b> Manicures<br><b>10:00</b> Giant Crossword<br><b>11:00</b> Shopping List<br><b>2:30</b> Bingo<br><b>4:00</b> Crossroads Christian Club   | <b>30</b><br><b>11:00</b> Red Hat Luncheon   |  |  |  |

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## Welcome Wagon

By Karen Coble



Crossroads extends a warm welcome to Eleanor Adams, moving here from Grand Junction. She was anxious to join our Crossroads family. She was born in Ohio, married at 18 years old and lived in five different states. She has lived in Colorado for 27 years. She has three children, lost one son to cancer, the other son, Steve, is an Administrator of a Christian school in Florida, and her daughter, Carol, lives in Crawford and is an accomplished artist. She stayed home and raised her family and enjoyed knitting, crocheting and sewing. She likes to read adventure stories and biographies, and keep up with current events on Fox news. Eve (as she likes to be called) enjoys talking to people and visiting out on the porch. We will be having a welcome tea for Eve next week. WELCOME EVE!

Crossroads also welcomes Rose Robertson and Paul W. Smith here on Respite stay, and Guy & Lottie Jones and Wallace Dobbins have also joined our Crossroads family in the cottages.



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